





# The 2011 Healthy Wealthy Wise National Empowerment Tour

Empowering Black Women, Veterans, and Girls in the City of Bridges to live their best lives!

National Speakers and Presenters include:



Join us in the City of Bridges
Pittsburgh/Mon Valley, PA
March 18 - 20, 2011 www.ncbcp.org

Intergenerational Townhall Meeting & Dialogue – March 18th Omni William Penn Hotel – Downtown Pittsburgh

Health Fair & Mini-Expo - March 19th

Homewood Brushton YMCA & Bethesda United Presbyterian Church

Celebrating Our Sisters Service and Intergenerational Roundtable – March 20th First A.M.E. Church – Mon Valley in Clairton

FREE TO THE PUBLIC

**Co-Sponsored by** 

















oin sisters from Pittsburgh/Mon Valley and surrounding areas to share strategies and tools to empower Black and underserved women, veterans and girls to live their best lives!

## Friday, March 18, 2011

BWR Healthy, Wealthy & Wise Empowerment Tour **Reception & Intergenerational Townhall Meeting** 

Sisters Can We Talk: Issues Facing Black and Underserved Women & Girls

5:00 pm - 7:00 pm

William Penn Omni Hotel 530 William Penn Place

Pittsburgh, PA

Keynote Speaker: Melanie L. Campbell, President & CEO, National Convener, BWR, National Coalition on Black Civic Participation

Presenters and panelists include:

Atiya Abdelmalik, Manager Health Promotion, Highmark, Inc., Angela Ford, PhD, MSW, Executive Director, Center for Minority Health;

Rev. Dr. Judith C. Moore, President & Founder, Sisters Saving Ourselves, Now & Convener, PA Unity Coalition; Marcia Martin, Vice President, Gateway Health Plan; Charlene Newkirk, Campus President, Community College of Allegheny College, South Campus: Valerie McDonald Roberts, Recorder of Deeds, Allegheny County, Sylvia Wilson, President, A. Philip Randolph Institute Pittsburgh Chapter and Assistant to President, Pittsburgh Federation of Teachers, Makani Themba-Nixon, Executive Director, The Praxis Project.

RSVP by Friday, March 11th by calling (412) 303-4888 or email ssonow27@yahoo.com FREE TO THE PUBLIC

Saturday, March 19, 2011

Healthy, Wealthy & Wise Health Fair & Mini-Expo

8:00 am - 8:45 am

**Morning Reflections** 

Bethesda United Presbyterian Church Chapel Hosted by Minister Tawanda Rodriguez

7220 Bennett Street, Pittsburgh, PA 15208

9:00 am - 3:30 pm

**Health Screenings & Soulful Group Exercises** 

(Zumba, Line Dancing, Power Walking)

Intergenerational Listening Sessions & Empowerment

Forums for Women & Girls

Homewood-Brushton YMCA

7140 Bennett Street, Pittsburgh, PA 15208

Luncheon Keynote Speaker: Dr. Lawana Gladney,

President of Emotional Wellness, Inc.

Facilitators and Presenters include:

Monifa Bandele, Sr. Programs & Outreach Manager, NCBCP; Rev. Dr. Mary L. Buckley, Co-Founder, Sisters Saving Ourselves, Now; Suzanne Fuller, Vice President & General Manager, Global Novations,

LLC, Lisa Perry, Program Manager, Homewood Children's Village:

Lorraine Starsky, RN, BSN, Diabetes Nurse Consultant, Allegheny County Health Department, Jacqueline Sledge, Cancer Control Specialist, Kathi Wilkes, President, Wilkes & Associates, Inc. RSVP by Friday, March 11th by calling (412) 303-4888 or email ssonow27@yahoo.com

FREE TO THE PUBLIC

### **Sunday, March 20, 2011** SPIRITUAL EMPOWERMENT

**Celebrating Our Sisters Service** 

& Mon Valley Intergenerational Listening Session

10: 45 am - 1:00 pm

First A.M.E. Church

Hosted by Pastor, Rev. Dr. Judith C. Moore 177 Mitchell Avenue,

Clairton/Mon Valley, PA 15025

Speaker: Rev. Dr. Sheila Johnson Hunt, Pastor,

First Baptist Penn Hills **OPEN TO THE PUBLIC** 

Special thanks to SSON Advisory Board Members:

Lisa Givner, Liz Henderson, Marcia Martin, Tawanda Rodriguez, Jacquie Sledge, Sharon Wrice and Rev. Dr. Mary L. Buckley

## Pittsburgh Women of Power







Dr Sheila Johnson Hunt



Rev Dr Judith C Moore



Roberts









#### National and Local Partners

Pittsburgh Unity Coalition Sisters Saving Ourselves, Now A. Philip Randolph Institute Black Women's Health Imperative Coalition of Black Trade Unionists Congressional Black Caucus Foundation First A.M.E. Church — Clairton, PA National Center for Victims of Crime National Council of Negro Women Operation Hope The Praxis Project William Kellibrew Foundation [Partial Listina]

Local Co-Hosts: PA Unity Coalition, Sisters Saving Ourselves Now, Homewood Brushton YMCA, Bethesda United Presbyterian Church and First A.M.E. Church Clairton, PA



